



Park Life

Summer 2025

The Park Vale Academy Newsletter

As we approach the summer holiday, life at Park Vale shows no signs of slowing down. In fact, there are more trips, visits and activities going on than I can remember from any year previously. We did a lot of work on this post-Covid to try and get students back out of the classroom and into the world to experience things first-hand for themselves. The staff at the academy have pulled out all of the stops to organise and lead off-site trips and events which give our young people ample opportunity to broaden their knowledge of the world we live in. Just have a look at the list below of things going on this term alone:



02/05/2025	Head of British Library Talk
06/06/2025	Harvey Hadden PE
10/06/2025	Harvey Hadden Athletics
10/06/2025	NTU Clifton Campus
13/06/2025	Reading Quiz Bolsover
17/06/2025	On Water Rowing Sessions
20/06/2025	Y8 Attenborough Nature Reserve
25/06/2025	Y10 Newstead Abbey Trip
27/06/2025	DofE Expedition June 25
02/07/2025- 17/07/2025	Spanish Restaurant Trips
07/07/2025- 24/07/2025	Geography City Trips
09/07/2025	London Theatre Trip
10/07/2025	Etihad Stadium
10/07/2025	Space Centre Trip
11/07/2025	London History Trip
17/07/2025	Dreadlock Alien Reading Competition

All of this is in addition to the extensive Co-Curricular offer which I am sure you are all aware of: from Philosophy Club and Chess Club to Craft Club and even Darts Club, there is something for everyone to get involved in either at lunchtime or after school. And on the sporting side of things, as well as all of our usual teams and competitions, the rowing club has now started practising on water in canoes and kayaks at Holme Pierrepont. In another exciting development, the PE Department are organising the first ever Park Vale Academy Sports Day on Friday 18 July which I know the students are really looking forward to. Finally, I must also mention the fantastic Performing Arts Showcase event a few weeks ago which I know some of you attended. A massive thank you and congratulations to Miss Walden and her talented team of dancers, singers and musicians.

Other than that, we now play the waiting game along with the recently departed Year 11's for their GCSE results to land at the end of August. They were a fantastic year group and had a lovely send-off both at their Leavers' Assembly and their Prom at Ramsdale Golf Club. We wish them well and look forward to celebrating their success when they return for their Presentation Evening next year in March.

S. Bowhay

NHS Cadets

During this academic year a group of Y10 and 11 students undertook a mammoth task of completing the foundation programme to become NHS Cadets. This course is a collaboration between the NHS and St John's Ambulance, with the focus on developing key skills and a pathway in to volunteering opportunities.

Throughout the year, the NHS Cadet group attended weekly sessions, learning about Drug and Alcohol Awareness, Health Care Environments, Alternative Volunteering, Mental Health, Leadership, Communication, Team work, and basic First Aid. They researched, discussed and presented their ideas, working as a team to develop their understanding of the role of the NHS and Public Health in promoting a healthy approach to life.

The group have taken a proactive approach towards their club, dedicating time and energy to further their skills and understanding of how the NHS works and how they support health and wellbeing.



Attenborough Nature Reserve

Last week, 40 of our students had the fantastic opportunity to visit Attenborough Nature Reserve for a day of hands-on ecological fieldwork. With perfect weather on our side, we explored both pond and woodland habitats as part of our ongoing science curriculum.

During the pond study, students were thrilled to discover a wide variety of aquatic life including caddisfly nymphs, dragonfly nymphs, and even a few leeches. In the woodland area, we were lucky enough to spot frogs, toads, newts, beetles, and several species of spider—much to the excitement (and occasional squeal!) of the group.

The students represented the school brilliantly throughout the day, showing curiosity, respect for the environment, and real enthusiasm for learning outside the classroom. A huge well done to everyone involved!



London Trip

On Friday 11th July, a group of year 9 and 10 students visited London for the day. The students had a great time visiting the Florence Nightingale Museum and the Golden Hinde for a workshop, as part of their GCSE course.

We had a picnic by the London Eye and also walked down South Bank and taking in several sights including; The Shard, St Paul's Cathedral, the Tower of London, The Tate Modern, Borough Market and we drove over Tower Bridge. The students were fantastic, despite the awful traffic on the way back home!



Newstead Abbey

Year 10 students recently visited Newstead Abbey for a day of poetry and creative writing workshops. They explored the life and works of Lord Byron, gaining insight into his complex character and powerful poetry. Students engaged with challenging ideas and produced impressive pieces of creative writing in the grounds of the abbey, which many confidently shared aloud with their peers.

The trip not only deepened their literary understanding but also boosted their self-expression and public speaking skills. A few students survived a surprise encounter with a rather territorial goose adding a final touch of excitement to the day!



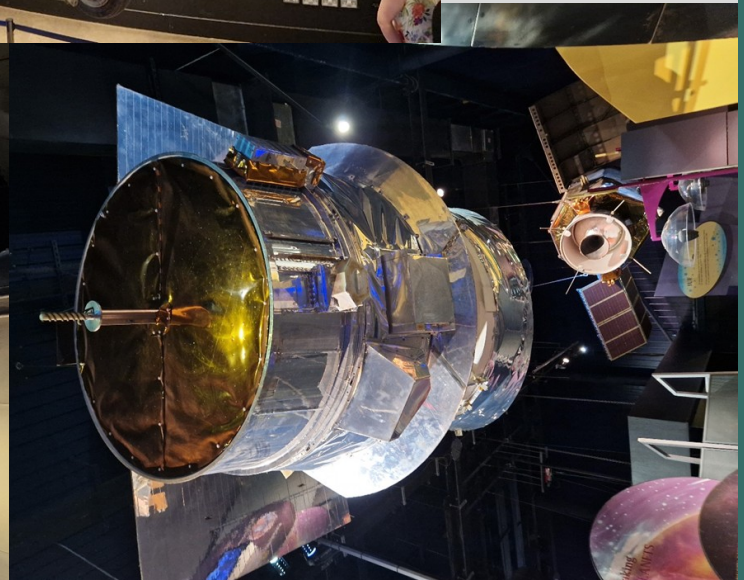
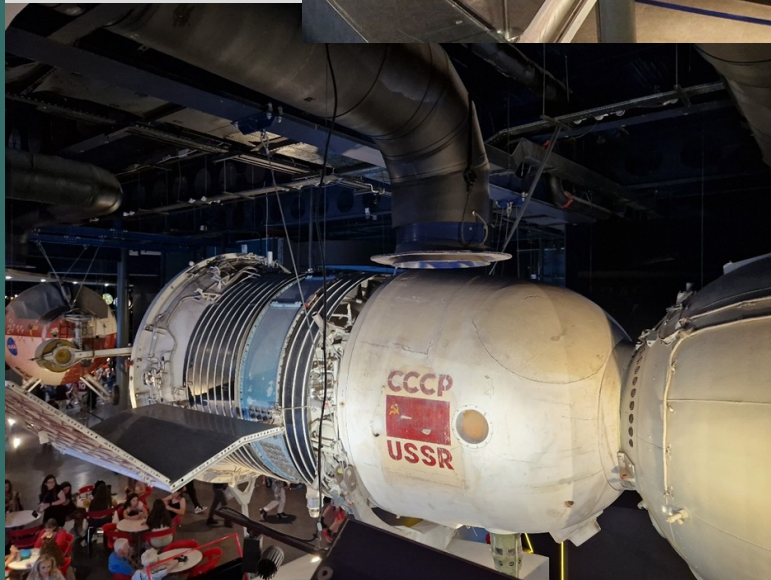
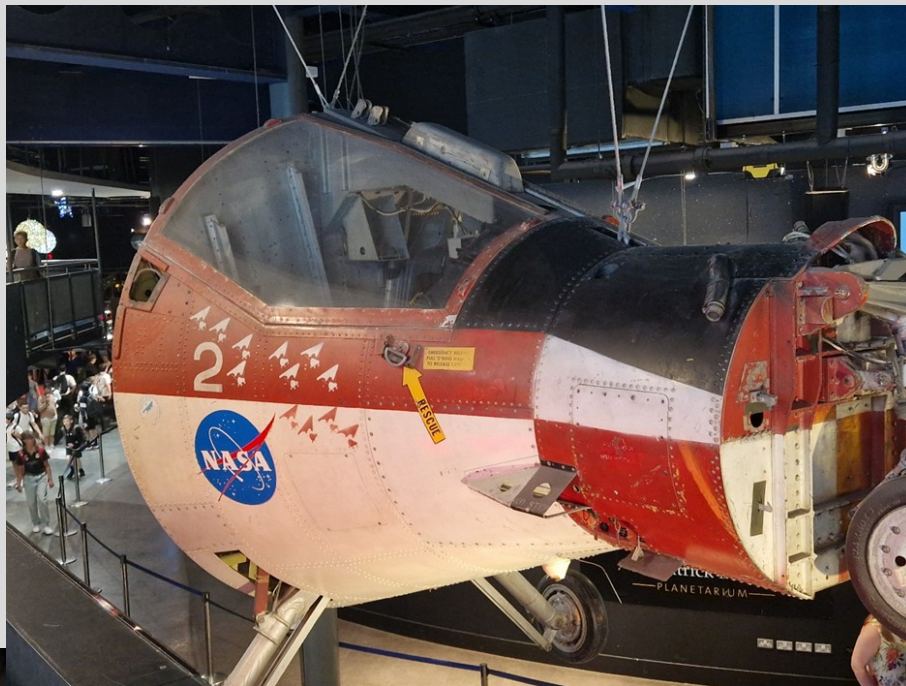
Year 7's Stellar Adventure at the National Space Centre

We are excited to share the fantastic experiences our Year 7 students had on their recent trip to the National Space Centre! Last week, our young space enthusiasts embarked on a journey that was out of this world, exploring the wonders of space and science in an unforgettable day of learning and fun.

The National Space Centre, with its state-of-the-art facilities and interactive exhibits, provided our students with an immersive experience into the mysteries of the universe. Here are some of the highlights from their visit:

- **Interactive Workshops:** Students were able to take part in a Mars Rover workshop where they had to use computer coding to navigate a vehicle across the surface of Mars. They were also able to participate in an Earth under threat workshop where we had to decide the emergency procedures for a comet approaching the planet.
- **Planetarium Show:** One of the most memorable parts of the trip was the spectacular planetarium show. Our students were mesmerised by the breath-taking visuals and engaging storytelling that took them on a journey of an astronaut.
- **Rocket Tower:** The iconic Rocket Tower offered a close-up look at real rockets and space capsules. Students learned about the history of space travel and the incredible technology that makes space exploration possible.
- **Rocket Show:** In the rocket show the students were able to explore the science and history behind rockets as well as seeing a real life rocket launch!

The trip was exciting and highly educational, helping to develop our students' critical thinking skills and real-world connections.



Year 8 Trip to the Etihad Stadium, Manchester

On Thursday 10th July Miss Hudson, Mrs Yates and Mr Rayner-Mistry took 40 Year 8 students to the Etihad Stadium for a tour, and a maths and business focused workshop. The session covered topics such as revenue, sponsorship, and branding. It was a fun and educational trip that gave students a real-world insight into how a major stadium operates. Students were engaged, well-behaved, and asked thoughtful questions throughout. The tour guides praised their interest and conduct, making the day a great success!



THE LONDON THEATRE TOUR

At 6.45am twenty five dancers and actors waved goodbye to their parents and headed off to the big smoke for two action packed days of theatre experiences. First stop, Pineapple Studios!

The budding performers were taught by a professional dancer in top floor studio. They learned the sequences for the closing act of Six. Lily said 'my favourite part of the visit was being taught by a professional dancer'.

Our first show was 'The Devil Wears Prada'. It was an explosion of dance and song and the costumes were out of this world. Most of the Y11 dancers chose this as their favourite show with 5 of them giving it a massive 10/10 rating!

Corrine's favourite part of the trip was 'seeing all of the famous London landmarks like the London Eye and Big Ben'. We walked a massive 37,000 steps in 48 hours in 30 degree sunshine! It really was a tour of London!

On our second day after a huge breakfast, we passed the Houses of Parliament and London Bridge to travel to the south bank of the Thames and to the infamous LONDON DUNGEONS! While this part of the trip was many of the students' favourite part, some found it really scary because of all the actors jumping out of the dark in the performances!

The final show was Six. I loved turning around during the final to watch big smiles on the students faces as they joined in with all the movement they knew from the workshop! What a trip! I can't wait for next year's tour already!



Performing Arts

A big thank you and well done to all the dancers, singers, actors and musicians who contributed to the Performing Arts Showcase 'Elements' this term.

Taking part in a live show not only builds your confidence, but it allows you to express your art form in front of an audience! We are so proud of you all for your commitment to sharing and spreading the positive creations you made with your teachers and fellow performers. We hope you remember these achievements for the rest of your lives!



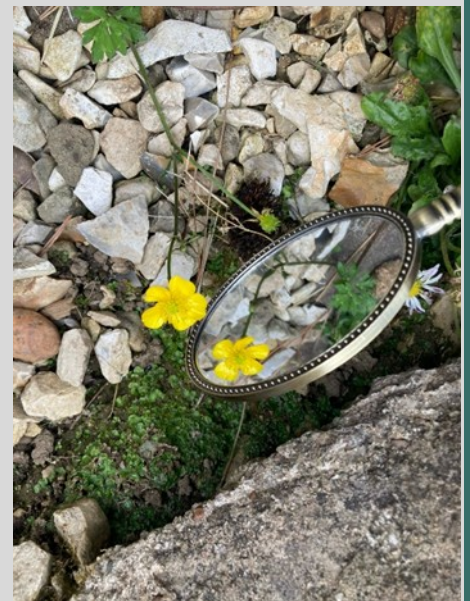
Year 10 Photography Homework



Landon Charles



Zahra



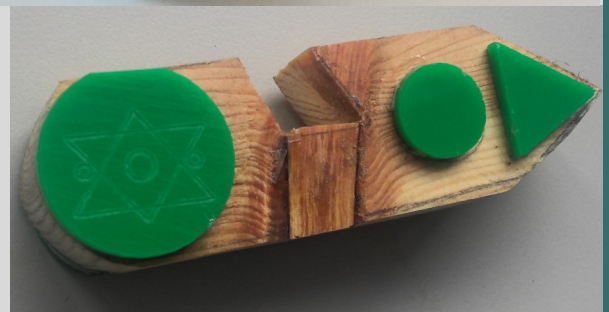
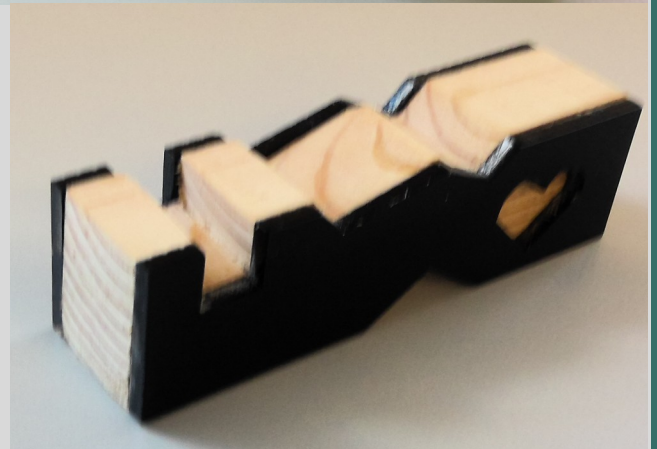
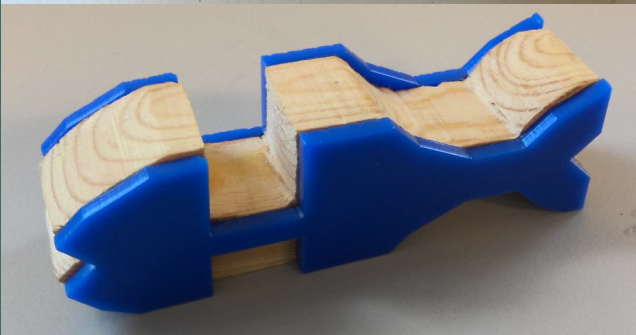
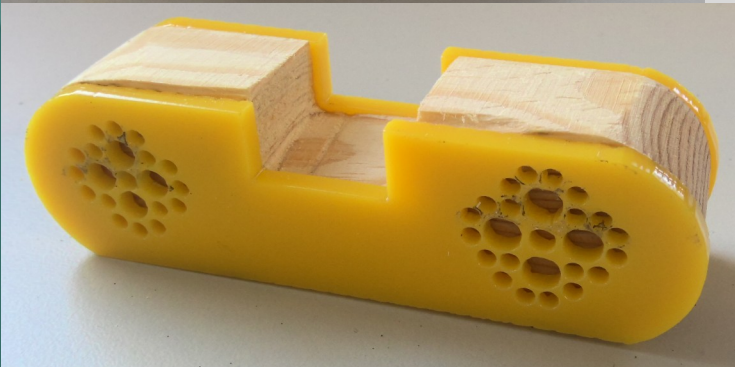
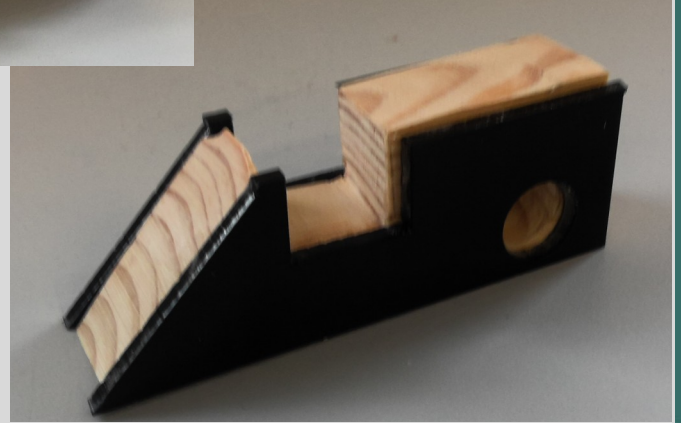
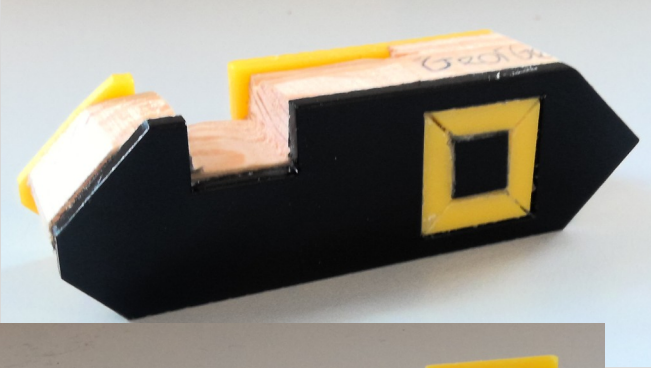
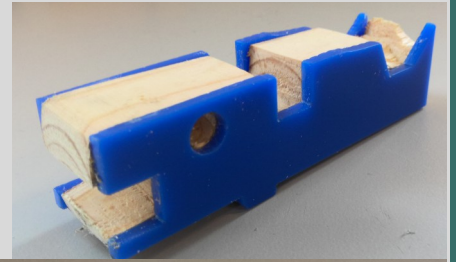
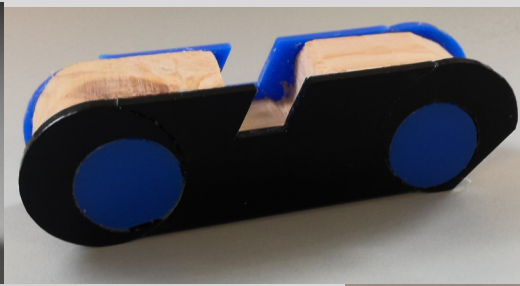
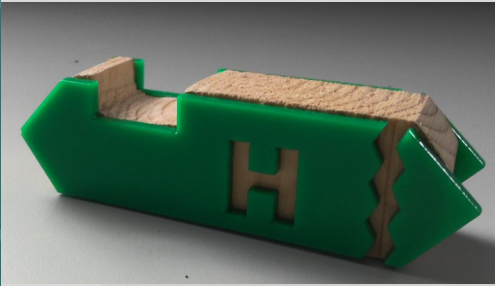
Ruby Crombie



Nyile Yates

Design & Technology

Students have been using Computer Aided Design (CAD) and Computer Aided Manufacture (CAM), combined with tradition wood joint skills to produce phone holders based on the work of Gerrit Thomas Rietveld.



Redhill Trust Year 8 Girls Robotics Competition

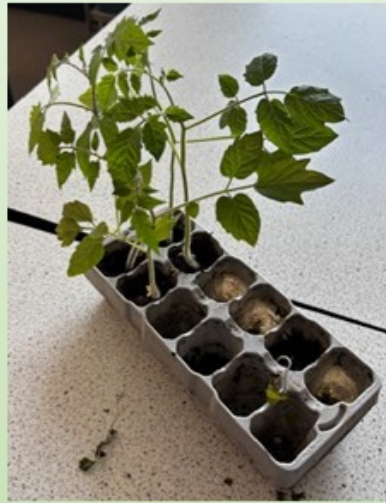
2 teams of Year 8 students entered the
Trust Girls Robotics Competition
at Bolsover Academy this week.

Guests speakers from /tech she can,
spoke about roles in technology and what jobs will
look like in the future.

Students were given a number of challenges to
complete, coding their robot and demonstrating
the results to all the Trust Schools.

Well done to everyone who took part.





Here at Park Vale Academy we have been busy with a group of students helping to plant, water and grow the garden.



PVA Urban Farm

The students decided to grow tomatoes, lettuce and potatoes with the help of our amazing site team

Students learnt how to germinate tomato seeds indoors and they have been able to watch them grow into plants



Duke of Edinburgh

Congratulations to the 24 adventurous DofE Participants who braved the June heatwave and completed their expedition. Pupils walked over 20km of South Nottinghamshire countryside relying only on a map and compass - not a smartphone in sight! This was only possible because they have been attending extra-curricular training every Thursday where they also studied campcraft and first aid. A big thank you to the 8 members of staff who gave up their weekend to support the expedition. Every teacher commented on the togetherness and resilience of the pupils. They were a great group of young people to spend the weekend with and the DofE team look forward to presenting their full awards in October.



P.E Summer 2025

This term we have seen another huge number of students representing the academy in both trust and city wide fixtures and events. Below is a list- well done to everyone who has attended we are really proud of you all!

Year 7 Netball CVL

Year 10 City Athletics

Esther 300m 2nd

Year 9 City Athletics

Chnika Javelin 1st

Trust KS3 Summer Games

Year 7 City Athletics

Boys team - 6th

Overall team 8th

Year 8 City Athletics

Ryan 1500m 1st

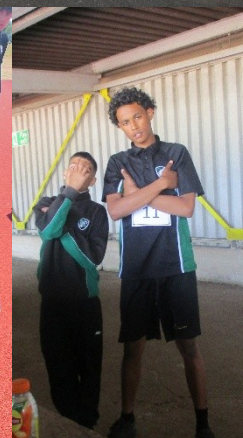
Andre 200m 3rd and Triple jump 2nd

Boys team - 6th

Overall team 8th

Year 7 Rounders CVL

Trust Handball Development Days



Girls Active Leadership Group

As part of the project this term the girls have planned, promoted and run their own sessions. We've had dance, benchball and dodgeball on the timetable for girls only. They also took part in a celebration day at Nottingham University where they got to try skateboarding, hoola hooping, street dance, boxing, climbing and an inflatable course. A huge well done to the group and we are looking forward to developing this next year.

Abigail, Nneoma, Nifemi, Envi, Kacey, Unbafamata, Chnika, Lily, Emily, Lucie, Teyha



GCSE PE Sprint

As part of their practical assessment for GCSE PE, the group went to Harvey Hadden for some expert coaching from Notts Athletics Club. Students learned how to use blocks and set up a sprint start, as well as the correct technique for sprinting. Well done everyone!

Workshop Trip

First Ever Sports Day!

This year we are also running our first ever Park Vale Sports Day. The event will run on Friday 18th July for years 7-9. We can't wait to see our students perform, look out for the videos and photos in September!

Exams 2025-26

They may seem a long time away right now, but the 2026 GCSE exams are coming up sooner than you might think!

When we come back in September, it will be **9** school weeks until the Y11 Mocks and only **27** weeks until the real GCSEs begin. We hope you have a great summer and find time to relax but it's definitely not too early for a bit of revision!

Here's the timetable for Summer 2026:

Date	Subject	Title	Time	Duration
05/05/2026	Health and Social Care	Health and Wellbeing (Component 3)	AM	2h
11/05/2026	English Literature	English Literature Paper 1	AM	1h 45
12/05/2026	Religious Studies A	Religious Studies A Paper 1	AM	1h 45
12/05/2026	Science	Biology Paper 1	PM	1h15 / 1h 45
13/05/2026	Geography	Geography Paper 1	AM	1h 30
14/05/2026	Mathematics	Mathematics Paper 1 (non - calculator)	AM	1h 30
15/05/2026	History	Paper 1: Thematic study and historic environment	AM	1h 20
18/05/2026	Chemistry	Chemistry Paper 1	AM	1h15/1h 45
19/05/2026	English Literature	English Literature Paper 2	AM	2h 15
20/05/2026	French	French Listening	AM	50m/1h 05
20/05/2026	Religious Studies A	Religious Studies A Paper 2	PM	1h 45
21/05/2026	English Language	English Language Paper 1	AM	1h 45
22/05/2026	Physical Education	Physical factors affecting performance	AM	1h 00
22/05/2026	Business and Enterprise	Business and Enterprise	PM	1h 30
01/06/2026	Physical Education	Socio-cultural issues and sports psychology	AM	1h 00
02/06/2026	Physics	Physics Paper 1	AM	1h15 / 1h 45
03/06/2026	Mathematics	Mathematics Paper 2 (calculator)	AM	1h 30
03/06/2026	Geography	Geography Paper 2	PM	1h 30
04/06/2026	History	Paper 2: British depth study & Period study	AM	1h 50
04/06/2026	French	French Reading	PM	45m/1h
05/06/2026	English Language	English Language Paper 2	AM	1h 45
08/06/2026	Biology	Biology Paper 2	AM	1h15 / 1h 45
08/06/2026	French	French Writing	PM	1h15/1h20
08/06/2026	Further Maths	Further Maths Paper 1	PM	1h 45
08/06/2026	Creative iMedia	Creative Imedia in the media industry	PM	1h 30
09/06/2026	Spanish	Spanish Listening	AM	50m/1h 05
09/06/2026	Child Care	Child Development and Care	AM	1h 30
09/06/2026	History	Paper 3: Modern depth study	PM	1h 30
10/06/2026	Mathematics	Mathematics Paper 3 (calculator)	AM	1h 30
10/06/2026	DT	Design & Technology	AM	2h
11/06/2026	Geography	Geography Paper 3	AM	1h 30
12/06/2026	Chemistry	Chemistry Paper 2	AM	1h15 / 1h 45
12/06/2026	Dance	Dance	PM	1h 30
12/06/2026	Hospitality & Catering	Unit 1: The Hospitality and Catering Industry	PM	1h 20
15/06/2026	Physics	Physics Paper 2	AM	1h 15 / 1h 45
15/06/2026	Further Maths	Further Maths Paper 2	PM	1h 45
16/06/2026	Spanish	Spanish Reading	AM	45m/1h
17/06/2026	Spanish	Spanish Writing	AM	1h15/1h20

Clumber News

Here we are at the end of the year, and what a year it has been. We have had lots of things to celebrate. The race for the House Cup has been tense and we have fought it out with all three of the other Houses to attempt to secure victory. We have had a real mixed bag of results in the Inter-house Cup where we have taken part in events such as; Handball, Pi Challenge, Rowing, Trampolining, and Baking. We have had a fantastic run and hopefully will be right in the mix to bring the cup home.



Our House Captain James Williams, along with our Sport Captains Kaylon Huthwaite and Joseph Ronaldson have been an incredible help throughout the year, really stepping up to take charge of various house affairs across the year; your help has been very much appreciated, thank you! As part of their duties they are set to give a fantastic review of Clumber's year at the upcoming Clumber Celebration evening. The applications for House Captains and Sport/Charity Captains are available and the deadline for applications is Friday 12th September.

Non Scholare, Sed Vitae Discimus

Not only for school, but for life...

Our in-house Clumber Cup has been fiercely contested all year across our House Point and Attendance Competitions respectively. As the students will be aware each term, the tutor group with the highest number of house points and best overall attendance for the term are rewarded with a non-uniform day for the last day. We have had multiple different winners of these across the year which in itself shows how close this year's competition has been at times with different tutor groups appearing at different moments. However, in order to take home the Clumber Cup, consistency is key, with those groups who have been consistently at the sharp end of results term upon term being the ones in with the best chances of taking home the trophy for themselves...

Heading into Summer term two, it was C2 and Miss Farrelly who were leaders of both the attendance and house point race, and were the ones looking forward to achieving a non-uniform pass for the last day of term. They were the ones 'to be shot at' sitting at the top of the pile, who face an anxious wait to see if they have managed to remain at the top of the pile across this term...

As a house, we have made huge strides forwards with regards to our overall attendance and house points. When I took over as Head of House, we were approximately 8000 house points adrift of the other houses in the overall house point leader board. Overcoming a deficit that large was always going to be a mammoth task, but the students responded incredibly well reducing the gap to around 3000 at the time of writing. It filled me with immense pride at how the students took to the challenge! My hope is that now they have seen what they are capable of, we can hit the ground running come September and push on to be the house being chased by the rest, instead of being the one doing all of the chasing!

Tutor stars

Although we have an amazing bunch of students in Clumber who are simply brilliant every single day in lessons, tutor and out in the yards during their social times, there are always some who stand out as inspirations for their respective tutor groups – ones who really do go the extra mile to ensure that they are willing to put themselves out there, to not only help themselves, but their peers and teachers too! I asked tutors to nominate a student from each tutor group who they thought meet not only these criteria, but who regularly align themselves with our House Values:



C1 – Layla Hoppis – Always happy to represent the house at a variety of events and an incredible house point total!

C2 – Harvey Burgin – great tutor rep who is involved in all discussions during PSHE and Votes For Schools.

C3 – Nevaeh Daley – great attitude to general school life and one who always gets involved in tutor activities.

C4 – Sophie Ryan – Always willing to get involved in tutor based activities and lead by example. A real asset to the house.

C5 – Megan Smith – Always has a smile on her face and approaches tasks with positivity. Works incredibly hard and is a pleasure to have in the house.

C6 – Esther – 100% attendance this year and always gets involved in all activities. A role model for the rest of the students in tutor.

C7 – Aiden Mitchell – absolute star! A genuine role model for younger students with his behaviour and attitude around school.

C8 – Amy Malta – she has been an excellent tutor rep this year, always pleasant and happy to help in tutor time and making fantastic progress around school!

C9 – Sophie McLaughlin – A real inspiration to students around her. A smile and personality to light up any

Newstead News

Dear parents/carers of Newstead students,

The end of another academic year is here and it's another opportunity for me to share and recognise the achievements of the House with you all. This term has seen us say a final goodbye to the year 11's who have left after 5 incredible years with us, I want to thank them all for their contributions to Newstead House and wish them all the best in their next adventures.



As a House we have performed extremely well throughout the year in those key categories the four Houses are vying for top spot in. We have maintained our high standards in attendance and have held the top spot for this for the majority of the year. We have also seen a significant improvement in our overall house points achieved, currently sitting in second position behind Rufford. This is an area that I am extremely pleased with as it is something I challenge the House on every year and thanks to the efforts from all we are being recognised for our hard work both in and outside of the classrooms. As stated in the previous newsletter we had the first student ever achieving 1000 positive house points and I'm pleased to say that Kyron Brownbill has now also achieved this. Amazing achievements from both students, well done!

The Commendation Evening is always a great evening to share the successes of Newstead students and that will be no different this year. This is also an evening where I can share the overall success of the House with final positions in attendance, house points, co-curricular and inter-house participation as well as the winners of the overall cup. It'll be great to see as many of you as possible at that evening.

I want to take this opportunity to thank all the students who have contributed to the House through their leadership roles this year. To our House captains, Nifemi and Kyron Brownbill; inter-house and sports captains, Corey Holt, Wiktorja Jandula, Layla and Maison Whitlam and all of our fantastic tutor reps, thank you for your hard work, you are excellent role models for Newstead.

Our participation as a House in Co-Curricular and Inter-House activities has been strong this year. We have seen a high number of Newstead students engaging in these opportunities outside of the classroom which is great to see. Our performance in the inter-house competitions has meant we are in a battle for top spot with Clumber, with a few more competitions still to be completed we will see whether we win that battle at the end of the academic year! Looking ahead to next year, it would be great if we can see all Newstead students accessing these opportunities and representing the House at least once across the year. Get involved!

Thank you for all of your continued support, we hope you all have a lovely summer and look forward to welcoming you back in September.

Mrs Harford-Smyth, Mr Harper and Mr Dean.

Wollaton House News

Inter house update

The inter-house run in for us this year has seen a real mixed bag for Wollaton. Wollaton secured 1st place in the inter house rowing competition. Attendance at the increasing variety of events has been a real positive this year. Wollaton also secured 1st place in the photography competition. The variety of inter house events this year has been particularly broad, gaining the interest of a wider range of students which has really helped boost attendance numbers higher than ever before.



We have been working hard to improve attendance to school and W3 have achieved first place throughout the term. We now need to all work together even harder to achieve first place across the school for attendance. Every school day counts!

Well done to W3 who came first place for house points this half term!



Star students....



W2

Leo Herrod for W2 for an EXCELLENT presentation given to our YR6 parents at the Open Evening.

W4

Tommy for W4, always polite, and friendly to everyone. He not only joins in with all of the tutor activities, he always offers to present Votes for Schools and is always answering questions and getting the debate going in tutor time.

W6

W6 - Ancilla - Excellent student. Hard working, 98% attendance, hands in homework on time and helped out in year 6 induction.

W8

Finley Wright- What a complete turnaround! Impressed with the level of maturity and correct attitude he is showing right now.

W5

Laila Herrod - consistently high standard of behaviour and attitude. No negatives all year!

W7

Lily Jackson

For being consistent and being an amazing house captain.

W9

Ruby

She's a star because although she joined us part way through the year, she has settled really well. Also, she may only be in Year 7, but Ruby is a role model to other students in our tutor group. She always has her equipment, and her uniform is always perfect! Ruby is also extremely polite and helpful. During tutor time activities, Ruby is not afraid to share her ideas with the class. It is a pleasure having Ruby in W9!

W1

Jessica Madukwe - much more confident in tutor to contribute to discussions and activities.

Finally, we wanted to send you all our kindest regards. We wish you all a great summer holiday and we hope that you have a well-deserved break!

Best wishes,

Miss Wright and Miss Thompson.

Rufford News

Dear Parents and Carers,



As we approach the end of the academic year, we are delighted to share some exciting updates and achievements from Rufford House. It's been a year filled with resilience, commitment, and community spirit – and your children have been at the heart of it all.



Attendance – A Close Race with Clumber!

We are currently *neck and neck* with Clumber House in the race for the highest attendance – and with just a few weeks to go, Rufford has a fantastic chance of finishing in 1st place. Every day counts, and our students continue to show outstanding dedication by turning up ready to learn, even on those tougher mornings.

A special mention must go to our 16 students, who have achieved something truly remarkable – 100% attendance for the entire year. Well done to Harriet Osaghae Osumah, Aaliyah Rose, Emeida Adamkoviciute, Victor, Mason, Greatness, Riley Sulley, Jemma, Elijah Grace, Amelia Hudson, Jacobi Hudson, Ethan McDonald-Loseby, Adom and Nana Nomfo, Sam Washington, Lewis Watchorn, Mia Brothwell. Not a single day missed! Their reward? A well-earned trip to Alton Towers to celebrate their commitment. Within the house, R6, led by Miss Hudson, currently holds the highest tutor group attendance, with R8 and Mr Rayner-Mistry following closely behind. Well done to all for setting the bar so high!



House Points – Rufford Leads the Way!

We're proud to say that Rufford is currently in 1st place in the house points standings with an impressive 80,667 points (and rising!). A huge thank you to every student who has contributed – your effort, attitude, and achievements make all the difference.

At the forefront is R3, encouraged and led by Miss Mills, who are leading the tutor group totals with a fantastic 10,458 points. Let's also celebrate some of our individual high scorers, who have shown consistent excellence across the year: Isabelle Barker (R7) – 790; Charlotte Dix (R3) – 783; Aaliyah Rose (R2) – 769; Kenzie Palmer (R6) – 766; Taylor Squibb (R2) – 760; Jacobi Hudson (R6) – 753; Miley Donachie (R5) – 730; Chnika Stephenson (R3) – 725

Interhouse Competitions – All to Play For!

While Rufford is currently in third place overall in the interhouse competitions, the race is far from over. With several exciting events still to come, there's every opportunity to climb the ranks and finish strong. Upcoming competitions include: History Challenge, Poetry Showcase, Dance-Off, Rounders Tournament, RSPCA Poster Competition, Spanish Spelling Bee (Year 7). The final results will be revealed at Commendation Evening during the last week of term – so we'll keep you guessing until then! So far, Rufford has seen some fantastic successes in the interhouse competitions: 1st place in the European Day of Languages Bake-Off (with the highest number of participants!); 1st place in the Maths Pi Day Challenge; 2nd place in Trampolining; Top participation in the "Guess Your Teacher's Baby Photo" quiz.



Trust Athletics – Rufford Shines on the Track

In sporting news, a huge congratulations goes to two of our talented athletes who represented Rufford with pride at the Trust Athletics competition: Andre Jackson made it to the finals of the 200m and finished in 3rd place – fantastic! Further to that, Ryan McLean stormed to victory in the 1500m, claiming 1st place. What an achievement – both boys demonstrated incredible focus and determination. We are so proud to have them flying the Rufford flag!



A Final Word

This has been a truly memorable year for Rufford House. From impressive attendance and top-tier house points to sporting triumphs and creative competitions, our students have given their all. Their achievements reflect their character – resilient, passionate, and full of potential. Thank you, as always, for your ongoing support. We look forward to ending the year on a high and celebrating together at Commendation Evening.

Warm regards,
Miss Baillie, Mrs Meeks and Miss Delaney

NO EXCUSE FOR ABUSE!

We strive to create a safe and secure environment for pupils and staff alike.

We will
not tolerate
behaviour
that is:

We will take action
when necessary.



Calling all PVA students!

Park Vale Academy Curriculum Plus



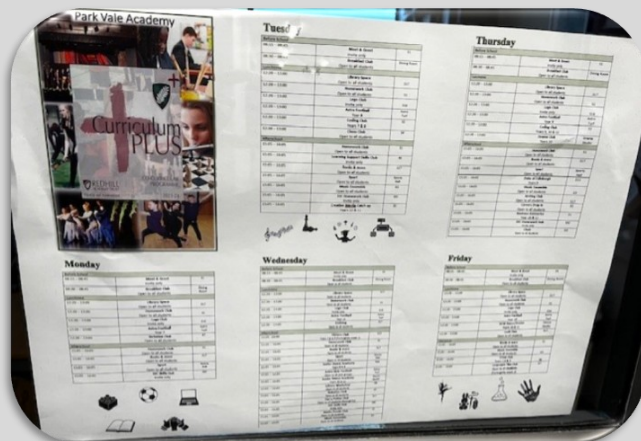
Students have access to all the Curriculum Plus offerings on the notice boards around the school and classrooms.

The timetable is available on the PVA website

<https://parkvaleacademy.org.uk/>

Student can also access details via the digital timetable via Class Charts

https://www.canva.com/design/DAF0QKGI32w/iAaa1ko5aY3iRK2CsZwVGQ/edit?utm_content=DAF0QKGI32w&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton



Complaints and Concerns

Thank you for the helpful response to our recent Communications Policy. This has helped us manage communications well and I hope you feel the same. There is now an update to our [Complaints Policy](#), which I would like to bring to your attention. This change is aimed at resolving complaints as quickly as possible and outlines some key differences between concerns and complaints and what is covered or not covered within this policy. I would be very grateful if you can take a few moments to read this updated policy in your own time.

Privacy Notice

Please note that our student privacy notice can be found [here](#)

Park Vale Academy have a full-time Counsellor. Students can find additional support and guidance on the following contact numbers or websites:

[TextHealth](#) is a new service from Nottingham CityCare, available Monday to Friday from 8:30am to 5pm (automatic bounce backs respond to incoming messages out of hours). As our lives have changed over the last few months due to the coronavirus, it's more important than ever for young people to have easy access to support with their health.

The text number for this is [07480 635024]. Or visit www.chathealth.nhs.uk Text a nurse. Text Health.

Below are a range of resources to help young people with any problems they may be facing:

Childline – I **don't feel safe at home** – Tel: 0800 1111 (Free Call) www.childline.org.uk #Listen to your selfie

Barnardo's – **See, Hear, Respond – Support During Covid-19** www.barnardos.org.uk

KOOTH – **Your online mental wellbeing community** www.kooth.com

The Mix – **Essential support for under 25s** www.themix.org.uk

Young Minds – **If you need support in a crisis** www.youngminds.org.uk

Mental health UK – **How to maintain good mental wellbeing during coronavirus** <https://mentalhealth-uk.org/blog/how-to-have-an-open-conversation-with-young-people-about-coronavirus/>

Children's bereavement centre – **Grief and loss** <http://www.childrensbereavementcentre.co.uk/>

SelfharmUK – **Recovery, insight and support** www.selfharm.co.uk

Nottingham Recovery Network – **Alcohol and drug support, advice and treatment** <https://www.nottinghamrecoverynetwork.com/>

GIDS – **Gender Identity Development services** <http://gids.nhs.uk/young-people>

SHARP – https://www.youtube.com/channel/UCEn5_1kBX9bUd6SQliAih3w

CAMHS – <https://www.youtube.com/channel/UCef1QiK2WJByHpoUOoHB-Yg/featured>

BeSafeBeSound – <https://www.counterterrorism.police.uk/safetyadvice/>

NottAlone – <https://nottalone.org.uk/?a=yp>

Alternatively, if you feel that you need support in school, you can contact the safeguarding team: pvasafeguarding@parkvaleacademy.org.uk

Get on our socials!



Get up-to-date information on your mobile.



Follow Park Vale Academy @ParkVale_Acad



www.facebook.com/ParkValeAcad



www.instagram.com/park_vale_academy



Announcements

www.classcharts.com/account/login

**Refuel at School
Bagel Breakfast Club**

Free to everyone

Monday – Friday

8.30-8.40am

Main hall & dining hall

Dear parent/carer,

Please find below a letter from Kooth about wellbeing support for students during the holiday period.

[KOOOTH.com](https://www.kooth.com) is still here to support young people during the summer holidays!

Over the last academic year, an Engagement Lead for Kooth has worked closely with staff in school to deliver training on all aspects of how Kooth works and supports your child. As well as all students having the opportunity to hear much more about Kooth, a range of physical and digital promotional resources are being used around school to promote the service & remind students Kooth is here to help 24/7 365 days of the year.

Kooth offers free, safe and anonymous access to online wellbeing support and advice for children and young people aged 11 to 25. The registration process is quick, anonymous and safe. Using non-identifiable information, Children and Young People can access support, simply by registering at www.kooth.com.

With no thresholds, waiting lists or referrals required, young people can access support for ANY issues they may be experiencing. These may include; body image, self-esteem, bereavement, academic pressures, anger, anxiety, suicidal thoughts, self harm, friendships, sexuality, transition from primary to secondary school etc.

Kooth's BACP (British Association for Counselling & Psychotherapy) qualified therapists are online 365 days a year. Monday to Friday, from midday until 10pm and on weekends, 6pm until 10pm. Users can also message the team 24 hours a day and receive a next day response.

Young people can access fully-moderated support forums, self-help tools, and online magazine articles (written by our professional team and other users across the UK) covering topics ranging from health and wellbeing, sport, technology, fashion etc. alongside social, emotional and wellbeing support. Everything on www.kooth.com is pre-moderated before going 'live' on the site, allowing for young people to offer and receive peer support in a safe and secure online environment.

Kooth delivers 1000's of online wellbeing sessions each year in Local Authorities across the UK. As 50% of referrals to CAMHS are unfortunately deemed inappropriate to their criteria, Kooth gives schools, professionals and families an alternative way of ensuring children and young people can access free support when they need it, in a way that they find comfortable to access, via any web-enabled devices.

Please find a selection of Parent/Carer resources that can be accessed using this link: [Parents/Carers resources](#) and If you have any questions or would like to discuss what [Kooth.com](https://www.kooth.com) can offer, please, simply email parents@kooth.com.

Kind Regards

IMPORTANT DATES 2025

July

Monday 21	Newstead Commendation Evening
Tuesday 22	Rufford Commendation Evening Dance Academy Tour
Wednesday 23	Clumber Commendation Evening Dance Academy Tour
Thursday 24	Wollaton Commendation Evening
Friday 25	End Of Term Close at 12:25pm
Monday 28 - Thursday 31	Summer Holidays

August

Friday 1 - Friday 29	Summer Holidays
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September

Monday 1	INSET Day
Tuesday 2	New Term Start Year 7 and Year 11
Wednesday 3	New Term Starts Year 8, 9 and 10
Tuesday 9	Year 7 Photos
Wednesday 10	Year 7 Welcome Evening

IMPORTANT DATES 2025

Wednesday 17 Year 6 Open Evening

Friday 19 INSET Day

October

Wednesday 1 School Closes Early: 2:10pm

Monday 6 Year 10 City Geography Trip

Tuesday 7 Year 8 Civil War Trip
Year 11 MFL Speaking Mock

Wednesday 8 Year 10 City Geography Trip
Year 11 MFL Speaking Mock

Thursday 9 Year 10 City Geography Trip
Year 11 MFL Speaking Mock
Year 11 Revision Evening for Parents

Friday 10 Year 10 City Geography Trip
Year 11 MFL Speaking Mock

Monday 13 Year 10 City Geography Trip

Tuesday 14 School Closes Early: 2:10pm
Ava Lovelace Trip

Wednesday 15 Year 7 Gothic Trip Newstead Abbey

Monday 20 -
Friday 31 Half Term

November

Monday 3 Start of Term

IMPORTANT DATES 2025

Friday 7	Year 9, 10 and 11 Careers Fair
Thursday 13	Year 7 Parent Literacy Evening
Monday 17- Friday 28	Year 11 Mocks
Tuesday 18	Year 8 Ypres Residential
Wednesday 19	Year 8 Ypres Residential
Thursday 20	Year 8 Ypres Residential
Thursday 27	School Closes Early: 2:10pm

December

Wednesday 3	Year 10 A Christmas Carol
Thursday 11	Showcase Performance
Monday 22 - Wednesday 31	Christmas Holidays

January

Thursday 1 – Friday 2	Christmas Holiday
Monday 5	Start of Term