



# Curriculum PLUS

CO-CURRICULAR PROGRAMME 2024-25



Park Vale  
Academy

Jan - Feb 2025

# Welcome to Curriculum Plus



Our academy promotes activities that widen our students' experiences through our Curriculum Plus programme. This includes opportunities to participate in sport clubs, the performing arts, trips abroad, cultural experiences and character-building challenges.

These experiences help to develop our students' self-confidence, build their resilience, and feel a sense of belonging. They also challenge our students to learn new skills and find a passion that they can take with them throughout their life.

Students can take part in activities they already love or choose to try something brand new. We encourage all students to get involved and choose at least one or two Curriculum Plus activities.

Find out more about our Curriculum Plus programme by following [@RedhillPlus](#) on Twitter, [@RedhillTrustSport](#) on Instagram and [Redhill Academy Trust](#) on Youtube.

## Our guiding principles

- 1 High expectations for all
- 2 Widening students' experiences
- 3 Outstanding teaching
- 4 Committed to equality & diversity
- 5 Celebrating academic achievement

 **REDHILL**  
ACADEMY TRUST  
Equality and Achievement



# Monday

|               |                                                     |                                   |
|---------------|-----------------------------------------------------|-----------------------------------|
| Before School |                                                     |                                   |
| 08:30 – 08:45 | <b>Breakfast Club</b><br>Open to all students       | Dining Room                       |
| Lunchtime     |                                                     |                                   |
| 12:30 – 13:00 | <b>Library Space</b><br>Open to all students        | S17                               |
| 12:30 – 13:00 | <b>Lego Club</b><br>Invite only                     | S14                               |
| 12:30 – 13:00 | <b>Astro Football</b><br>Year 8                     | Astro Turf<br>Mrs Boulton-Ward    |
| 12:30 – 13:00 | <b>Craft Club</b><br>Invite only                    | S6                                |
| Afterschool   |                                                     |                                   |
| 15:10 – 16:10 | <b>The Drama Collective</b><br>Open to all students | Main Hall<br>Nottingham Playhouse |
| 15:10 – 16:10 | <b>Homework Club</b><br>Open to all students        | S1                                |
| 15:10 – 16:10 | <b>Rugby</b><br>Open to all students                | Sports Field<br>Mr Ellison        |
| 15:10 – 16:10 | <b>Art Club</b><br>Year 7, 8 & 9                    | S15<br>Mrs Peacock                |
| 15:10 – 16:10 | <b>SSC Skills Hub</b><br>Invite only                | SSC                               |

# Tuesday

| Before School     |                                                    |                                      |
|-------------------|----------------------------------------------------|--------------------------------------|
| 08:30 – 08:45     | <b>Breakfast Club</b><br>Open to all students      | Dining Room                          |
| Lunchtime         |                                                    |                                      |
| <b>Tutor Time</b> | <b>Poetry by Heart</b><br>Open to all students     | S1                                   |
| 12:30 – 13:00     | <b>Library Space</b><br>Open to all students       | S17                                  |
| 12:30 – 13:00     | <b>Lego Club</b><br>Invite only                    | S14                                  |
| 12:30 – 13:00     | <b>Astro Football</b><br>Year 11                   | Astro Turf<br>Mr Dean                |
| 12:30 – 13:00     | <b>Craft Club</b><br>Invite only                   | S6                                   |
| 12:30 – 13:00     | <b>UNO Club</b><br>Open to all students            | F1<br>Mr Khan                        |
| Afterschool       |                                                    |                                      |
| 15:10 – 16:10     | <b>NHS Cadets</b><br>Years 10 & 11                 | S10<br>Miss Smythe                   |
| 15:10 – 16:10     | <b>Homework Club</b><br>Open to all students       | S1                                   |
| 15:10 – 16:10     | <b>Learning Support Skills Club</b><br>Invite only | S6                                   |
| 15:10 – 16:10     | <b>Music Ensemble</b><br>Open to all students      | G3<br>Mr Turner                      |
| 15:10 – 16:10     | <b>SSC Homework Hub</b><br>Invite only             | SSC                                  |
| 15:10 – 16:10     | <b>Boys Handball</b><br>Years 7,8 & 9              | Sports Hall<br>Mr Simpson            |
| 15:10 – 16:10     | <b>Netball</b><br>Open to all students             | Tennis Courts<br>Mrs Boulby-<br>Ward |

# Wednesday

|               |                                                 |                                  |
|---------------|-------------------------------------------------|----------------------------------|
| Before School |                                                 |                                  |
| 08:30 – 08:45 | <b>Breakfast Club</b><br>Open to all students   | Dining Room                      |
| Lunchtime     |                                                 |                                  |
| 12:30 – 13:00 | <b>Library Space</b><br>Open to all students    | S17                              |
| 12:30 – 13:00 | <b>Lego Club</b><br>Invite only                 | S14                              |
| 12:30 – 13:00 | <b>Astro Football</b><br>Year 7                 | AstroTurf<br>Mrs Harford-Smyth   |
| 12:30 – 13:00 | <b>Craft Club</b><br>Invite only                | S6                               |
| 12:30 – 13:00 | <b>Chess Club</b><br>Open to all students       | F1<br>Mr Scott                   |
| 12:30 – 13:00 | <b>Badminton Club</b><br>Open to all students   | Sports Hall<br>Mrs Watt          |
| Afterschool   |                                                 |                                  |
| 15:10 – 16:10 | <b>Big Chef Cadet's</b><br>See Miss for details | G9<br>Mrs Easom                  |
| 15:10 – 16:10 | <b>Little Chef Cadet's</b><br>Invite only       | G10<br>Miss Clarke/Miss Williams |
| 15:10 – 16:10 | <b>Homework Club</b><br>Open to all students    | S1                               |
| 15:10 – 16:10 | <b>Senior Dance Academy</b><br>Years 10 & 11    | Dance Studio<br>Ms Walden        |
| 15:10 – 16:10 | <b>SSC Skills Hub</b><br>Invite only            | SSC                              |
| 15:10 – 16:10 | <b>Music Ensemble</b><br>Open to all students   | G3<br>Mr Turner                  |
| 15:10 – 16:10 | <b>Girls Football</b><br>Open to all students   | Astro<br>Mrs Harford-Smyth       |
| 15:10 – 16:10 | <b>Trampolining</b><br>Open to all students     | Sports Hall<br>Mr Rayner-Mistry  |
| 15:10 – 16:10 | <b>Indoor Rowing</b><br>Open to all students    | Sports Hall<br>Notts Active Row  |

# Thursday

| Before School        |                                                                  |                                            |
|----------------------|------------------------------------------------------------------|--------------------------------------------|
| <b>08:30 – 08:45</b> | <b>Breakfast Club</b><br>Open to all students                    | Dining Room                                |
| Lunchtime            |                                                                  |                                            |
| <b>12:30 – 13:00</b> | <b>Library Space</b><br>Open to all students                     | S17                                        |
| <b>12:30 – 13:00</b> | <b>Lego Club</b><br>Invite only                                  | S14                                        |
| <b>12:30 – 13:00</b> | <b>Astro Football</b><br>Year 10                                 | Astro Turf<br>Mr Ludlow                    |
| <b>12:30 – 13:00</b> | <b>Craft Club</b><br>Invite only                                 | S6                                         |
| <b>12:30 – 13:00</b> | <b>Philosophy Club</b><br>Year 9 - (Fortnightly week 1)          | F10<br>Miss<br>Cunningham                  |
| Afterschool          |                                                                  |                                            |
| <b>15:10 – 16:10</b> | <b>Homework Club</b><br>Open to all students                     | S1                                         |
| <b>15:10 – 16:10</b> | <b>Girls Handball</b><br>Open to Year 7,8 & 9                    | Sports Hall<br>Nottingham<br>Handball Club |
| <b>15:10 – 16:10</b> | <b>Duke of Edinburgh</b><br>Years 9                              | S12<br>Mr Steer/Miss<br>Mills              |
| <b>15:10 – 16:10</b> | <b>Writing Club</b><br>Open to all students                      | F15<br>Mr Critchley                        |
| <b>15:10 – 16:10</b> | <b>Knitting and Crochet Club</b><br>Open to all Staff & students | G10<br>Mrs Jones                           |
| <b>15:10 – 16:10</b> | <b>Careers Drop In</b><br>Open to all students                   | S2<br>Mrs Koppoe                           |
| <b>15:10 – 16:10</b> | <b>SSC Homework Hub</b><br>Invite only                           | SSC                                        |
| <b>15:10 – 16:10</b> | <b>Singing Club</b><br>Open to all students                      | G3                                         |

# Friday

## Before School

|                      |                                               |             |
|----------------------|-----------------------------------------------|-------------|
| <b>08:30 – 08:45</b> | <b>Breakfast Club</b><br>Open to all students | Dining Room |
|----------------------|-----------------------------------------------|-------------|

## Lunchtime

|                      |                                               |                                          |
|----------------------|-----------------------------------------------|------------------------------------------|
| <b>12:30 – 12:40</b> | <b>Library Space</b><br>Open to all students  | S17                                      |
| <b>12:30 – 13:00</b> | <b>Lego Club</b><br>Invite only               | S14                                      |
| <b>12:30 – 13:00</b> | <b>Astro Football</b><br>Year 9               | Astro Turf<br>Mr<br>Rayner-Mistry        |
| <b>12:30 – 13:00</b> | <b>Craft Club</b><br>Invite only              | S6                                       |
| <b>12:30 – 13:00</b> | <b>Table Tennis</b><br>Open to all students   | Sports Hall<br>Mr Ribeiro and<br>Mr Dean |
| <b>12:30 – 13:00</b> | <b>Computing Club</b><br>Open to all students | S2<br>Mrs Watt                           |
| <b>12:30 – 13:00</b> | <b>Darts Club</b><br>Open to all students     | S2<br>Mr Hay                             |

## Afterschool

|                      |                                               |                 |
|----------------------|-----------------------------------------------|-----------------|
| <b>15:10 – 16:10</b> | <b>Music Ensemble</b><br>Open to all students | G3<br>Mr Turner |
| <b>15:10 – 16:10</b> | <b>STEM Club</b><br>Years 7,8 & 9             | S8<br>Mr Such   |
| <b>15:10 – 16:10</b> | <b>Junior Dance Academy</b><br>Years 8 & 9    | Hall            |

# PE

## CURRICULUM +

### Half Term 3

LUNCH 12.30-1PM

AFTER SCHOOL 3.15-4.15PM

**M**

Y8 FOOTBALL  
ASTRO  
MRS BOULTBY-WARD

RUGBY  
FIELD  
MR ELLISON

**T**

Y11 FOOTBALL  
ASTRO  
MR DEAN

BOYS HANDBALL ACADEMY  
SPORTS HALL  
NOTTINGHAM HANDBALL CLUB  
MR SIMPSON

NETBALL  
TENNIS COURTS  
MRS BOULTBY-WARD

**W**

Y7 FOOTBALL  
ASTRO  
MRS HARFORD-SMYTH

BADMINTON  
SPORTS HALL  
MRS WATT

TRAMPOLINING  
SPORTS HALL  
MR RAYNER-MISTRY

INDOOR ROWING  
SPORTS HALL  
NOTTM. ACTIVE ROW  
MISS SMYTHE

GIRLS FOOTBALL  
FIELD/ASTRO  
MRS HARFORD-SMYTH

**T**

Y10 FOOTBALL  
ASTRO  
MR LUDLOW

KS3 BOYS FOOTBALL  
FIELD  
MR RAYNER-MKISTRY AND MR LUDLOW

GIRLS HANDBALL ACADEMY  
SPORTS HALL  
NOTTINGHAM HANDBALL CLUB

**F**

Y9 FOOTBALL  
ASTRO  
MR RAYNER-MISTRY

TABLE TENNIS  
SPORTS HALL  
MR RIBEIRO/MR DEAN





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