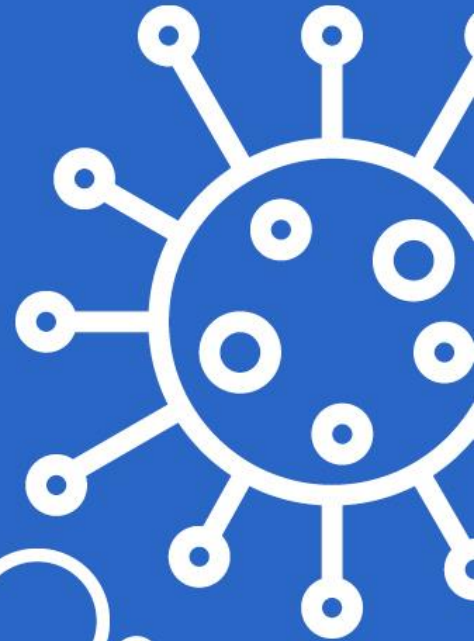


SEXUAL HEALTH

An educational guide to pornification!



Nottingham Sexual Health Services

📞 01159 627 627

🖱️ www.nuh.nhs/sexual-health-services

Our two main hubs are:

Nottingham City Hospital Campus



Victoria Health Centre, Glasshouse Street



U18's Drop in Clinic Every **Mon** & **Wed** **2-6pm**



Aims and Objectives

To explore the potential influences of the media, pornography and advertising on young people in terms of body image, gender stereotyping, exploitation and messages about sex and relationships.

By the end of the session students will :

- be able to explain some ways in which the media, including internet pornography might influence personal relationships.
- have increased understanding of the similarities and differences between the online world and physical world.
- understand the impact of unhealthy or obsessive comparison with others online (including through unrealistic expectations for body image)

RSE Framework: RE8, RE13, RE16, RE19, HE7

What is pornography?



Printed, online film or photos which show naked people or sexual activity.

This can be sexualised stories, pictures or videos on the internet. Nowadays it's mostly used to refer to sexualised videos.

Blurred Lines





Most porn actors are thin, tanned and hairless (and sometimes surgically enhanced) this is for the purpose of entertainment. Models are often airbrushed.

Actors used in pornography are chosen due to their larger than average sized penises / breasts – they are not representative of the body image norm.



Judging people on their looks or sexiness is pretty narrow-minded and offensive. No-one should have to tolerate sexism, harassment or feeling inadequate.



Negotiating sex is necessary. Consent should be clearly asked for as well as given. Everyone has the right to say no – at any point and for that to be heard and respected.

There is a lot of ‘faking it’ in pornography! Scenes are edited and far from glamorous in real life. Healthy and good sexual relationships are about communicating –what you like and don’t like.



You are the only one to know what is right for you –Many people wait for sex within the context of a loving respectful relationship.



Negotiating and sharing responsibility for condom use is really important. STI and HIV checks are common amongst porn actors.

Pornography does not represent real life sex. Men should never feel under pressure to act out like men in porn and women should never think it is ok to accept aggression. Pressure, humiliation and abuse is never ok.



Any Questions?



Signposting



For Under 18's

Advice line: 0800 183 0023

childline

ONLINE, ON THE PHONE, ANYTIME

<http://www.childline.org.uk>

Tel: 0800 1111

NottAlone

<https://www.nottalone.org.uk/>

NSPCC

<tel:08088005000>

help@nspcc.org.uk



www.themix.org.uk

tel:08088084994

**RAPE
CRISIS**
England & Wales

<https://rapecrisis.org.uk>

equation

Equation's service for men

0115 960 5556



0800 999 5428

www.galop.org.uk



Counselling Helpline: 0115 941 0440

Admin Telephone: 0115 947 0064

Email: dutysupervisor@nottssvss.org.uk

NUH Sexual Health Services

To book an appointment or any enquires:



01159 627 627

www.nuh.nhs.uk/Sexual-Health-Services



@NUHsexualhealth