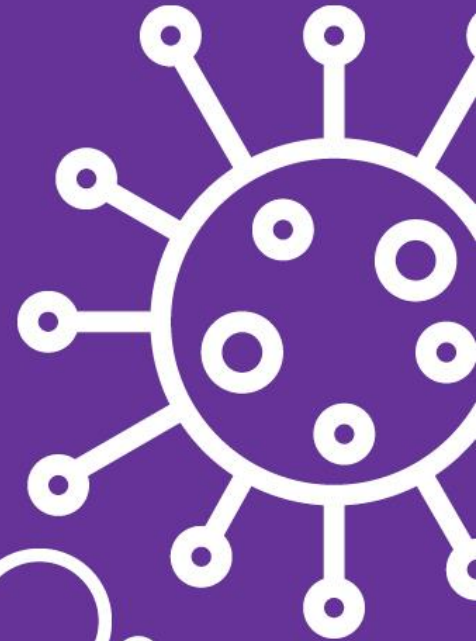


SEXUAL HEALTH

SEX
LAW



Legal Definition

Someone consents to vaginal, anal or oral penetration *only* if s/he *agrees by choice* to that penetration and has the *freedom* and *capacity* to make that choice.

Definition of Consent

- ❖ Consent is someone **giving permission** or **agreeing** to something after they have thought carefully about whether or not they want to do something.
- ❖ To be able to give your consent you should be sure that it is **your decision** and not one you have been pressured to make.
- ❖ The law in Britain says that **both people** need to give their consent before sex or any physical closeness.
- ❖ The law also says that to consent to sex a person must be **over 16** and have the ability to **make informed decisions** for themselves.

Freedom & Capacity

- ❖ Domestic violence – force/power used to remove freedom?
- ❖ Abuse of trust, position or status?
- ❖ Dependent on the suspect, e.g.. Financially or care?
- ❖ Complainant significantly younger than subject?
- ❖ Old enough to consent?



Freedom & Capacity

- ❖ Was s/he under the influence of drink or drugs?
- ❖ Does s/he suffer from a medical condition which limits capacity to consent or communicate consent?
- ❖ Does s/he have a mental health problem or learning disability?
- ❖ Was s/he asleep or unconscious?

If it's **not clear**
it's not consent





CONSENT CONTINUUM KEY

RAPE	NON CONSENSUAL SEX	PASSIVE CONSENT	ACTIVE CONSENT
Clear violation of boundaries	One partner feels obliged to have sex	Sex is wanted, but explicit consent is neither sought or given	Consent is explicitly sought
Explicit resistance and/or use force	Aversion to sex wasn't made explicit	There may be desire from at least one person	There is mutual desire
Sex may have been unwanted and forced but it wasn't violent			Communication and negotiation occurs

SEXUAL HEALTH

Reading signals is as important
between the sheets as on the road.

CONSENT means nothing less than
an enthusiastic **YES**.



GREEN

Have they enthusiastically
said they want to do this?
Are they happily and willingly
touching you?

AMBER

Did they say "maybe," or
"I'm not sure"?
Have they slowed down?

RED

Are you both sober enough?
Have they moved away?
Have they said they want to stop?

If your partner seems less into it than you are,
check in with them, and remember that an
amber light means slowing to a stop.

Find out more at
fpa.org.uk/ConsentYesYesYes



The Family Planning Association is a registered charity, number 250187,
and a limited liability company registered in England, number 887632. FPA, 23-28 Penn Street, London N1 5DL.

NO

Maybe another time, but not right now.

Do you want to kiss me?

I would like to try...

Everyone has different ways to say "yes" or "no," but **CONSENT** means nothing less than an enthusiastic **YES!**

I don't think I'm ready for that yet.

YES

I like it when you do that.

This isn't working for me.

It feels great when you...

Find out more at
fpa.org.uk/ConsentYesYesYes

fpa
the sexual health charity

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Signposting - Local

The Topaz Centre

Office Number (Freephone): 0800 085 9993

Secure Email: notts.sarc@nhs.net



For Under 18's

Advice line: 0800 183 0023

Counselling Helpline: 0115 941 0440

Admin Telephone: 0115 947 0064

Email: dutysupervisor@nottssvss.org.uk



Equation's service for men
0115 960 5556

women's aid

until women & children are safe

0808 2000 247

24 hours a day, 7 days a week.

www.womensaid.org.uk

Signposting - National



<https://rapecrisis.org.uk>

National Male Survivor
Helpline (Safeline)
0808 800 5005

childline

ONLINE, ON THE PHONE, ANYTIME

<http s://www.childline.org.uk>

Tel: 0800 1111

NSPCC

<tel:08088005000>

help@nspcc.org.uk



0800 999 5428

www.galop.org.uk



www.themix.org.uk

tel:08088084994



<https://revoltsexualassault.com>



<tel:08088005005>



Support, Advice & Info - 0808 801 0818

<http://thesurvivorstrust.org/>

Teenage Clinic

Monday & Wednesday
2 – 6pm

Victoria Health Centre
Glasshouse Street
Nottingham

Nottingham Sexual Health Services



Nottingham City Hospital Campus
If you have symptoms of an STI this is the best place to go.

Victoria Health Centre, Glasshouse Street

Main centre for Contraception
You can also get screened at any of our clinics



NUH Sexual Health Services

To book an appointment or any enquires:

 **01159 627 627**

 www.nuh.nhs.uk/sexual-health-services

 **@NUHsexualhealth**