

# Inspire, Challenge, Enrich

## BTEC L1/2 Tech Award in Health and Social Care

| Year 10                                                                                                      | Autumn HT 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Autumn HT 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Spring HT 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Spring HT 2                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Summer HT 1 | Summer HT 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <b>Topic and/or Key Question</b>                                                                             | Human Lifespan Development-<br>Factors affecting growth and development                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Human Lifespan Development-<br>Coping with and adapting to change                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | PSA Component 1 Tasks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Understanding the different types of health and social care services and barriers to accessing them                                                                                                                                                                                                                                                                                                                                                                    |             | Understand the skills, attributes and values required to give care.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Key Knowledge/Skills</b><br><br>Main skills (subject specific and generic) that will be developed and how | Physical growth<br>Cognitive/intellectual development<br>Social development<br>Emotional development <ul style="list-style-type: none"> <li>Physical Factors- Genetic inheritance, disease, mental health, disability, physical ill health, sensory impairments.</li> <li>Lifestyle Factors- diet, exercise, smoking, alcohol and substance misuse.</li> <li>Emotional Factors- fear, anxiety, grief/bereavement, security and attachment.</li> <li>Social Factors- Supportive/unsupportive relationships, inclusion and exclusion, discrimination.</li> <li>Cultural Factors- Religion, gender roles/expectations, sexual orientation, race</li> <li>Environmental factors- housing needs, conditions and locations, exposure to pollution</li> <li>Economic factors- employment, financial resources</li> </ul> | Different types of life events: <ul style="list-style-type: none"> <li>Health and wellbeing- accident/injury. Illness, mental and emotional health.</li> <li>Relationship changes- new relationships. Marriage/divorce and separation, parenthood, and bereavement.</li> <li>Life Circumstances- Moving house/school/job, exclusion of education, redundancy, imprisonment, changes to standards of living, retirement</li> </ul> Coping with change: <ul style="list-style-type: none"> <li>Character traits- resilience, self-esteem, emotional intelligence, disposition</li> <li>Sources of support- informal and formal support, community groups, multi-agency support, multidisciplinary care.</li> </ul> Types of support: <ul style="list-style-type: none"> <li>Emotional support</li> <li>Information, advice, and guidance</li> <li>Practical Help</li> </ul> | <ul style="list-style-type: none"> <li>Task 1- demonstrate knowledge and understanding of the PIES growth and development through the life stages.</li> <li>Task 2- demonstrate knowledge and understanding of the impact of different factors on PIES growth and development through the life stages.</li> <li>Task 3a- demonstrate knowledge and understanding of the impacts of life events on PIES growth and development.</li> <li>Task 3b- demonstrate knowledge and understanding of how individuals adapt to life events</li> </ul> | <ul style="list-style-type: none"> <li>Health Conditions- arthritis, cardiovascular conditions, diabetes, dementia, obesity, respiratory conditions, additional needs.</li> <li>Health Services- Primary, secondary and tertiary care, allied health professionals, multidisciplinary team working.</li> <li>Types of barriers and how they can be overcome- physical, sensory, social and cultural, EAL, geographical, learning disability, and financial.</li> </ul> |             | <ul style="list-style-type: none"> <li>Skills- problem solving, observation, dealing with difficult situations, organisation.</li> <li>Attributes- empathy, patience, trustworthiness, honesty.</li> <li>Values in HSC- care, compassion, competence, communication, courage and commitment.</li> <li>Obstacles- emotional/psychological, time constraints, availability of resources, unachievable targets, lack of support.</li> <li>Benefits to individuals of demonstrating the skills and attributes- supported, high-quality person-centred care, respect, empowered, independent, safeguarding, dignity, confidentiality.</li> </ul> |
| <b>Key Vocabulary</b><br><br>(School Improvement Priority)                                                   | Physical<br>Intellectual<br>Emotional<br>Social<br>Growth<br>Infancy<br>Adolescence<br>Puberty                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Expected<br>Adapting<br>Unexpected<br>Accepting<br>Event<br>Resilience<br>Bereavement<br>Informal                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | As HT1 and HT2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Care Service<br>Physical<br>Primary<br>Geographical<br>Secondary<br>Sensory<br>Tertiary<br>Social                                                                                                                                                                                                                                                                                                                                                                      |             | Empowerment<br>Strengths<br>Promoting<br>Improvements<br>Treatment choice<br>Reviewing<br>Beliefs<br>Application                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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|                                                                                                        | Development<br>Characteristic<br>Life Stage<br>Classification<br>Coordination<br>Menopause<br>Cognition<br>Abstract<br>Morals<br>Attachment<br>Bonding<br>Security<br>Contentment<br>Independence<br>Memory<br>Recall<br>Socialisation<br>Self-esteem<br>Self-image<br>Self-worth<br>Anxiety<br>Genetic Inheritance<br>Disease<br>Experience<br>Factors<br>Lifestyle<br>Cultural<br>Role Model<br>Isolation<br>Economic<br>Material Possessions<br>Wealth<br>Appearance<br>Disorder<br>Discrimination<br>Sufficient<br>Valued<br>Excluded | Life Circumstance<br>Formal<br>Chronic<br>Practical<br>Acute<br>Voluntary<br>Impact<br>Professional<br>Relationship<br>Carer<br>Redundancy<br>Assistance<br>Imprisonment<br>Support<br>Retirement<br>Services<br>Reacting |                                           | Allied<br>Cultural<br>Specific Needs<br>Visual<br>Informal<br>Psychological<br>Health<br>Barrier<br>Professional<br>Awareness<br>Service User<br>Stigma<br>Independence<br>Language<br>Impairment<br>Service Provider<br>Resources |                                           | Identity<br>Performance<br>Confidentiality<br>Feedback<br>Dignity<br>Responding<br>Effective<br>Identifying<br>Communication<br>Empathy<br>Safeguarding<br>Duty of Care<br>Anti-Discriminatory Practice<br>Compassion |
| <b>Extended Writing /<br/>Disciplinary<br/>Reading</b><br><br><b>(School Improvement<br/>Priority)</b> | Reading- how to read and unpick a case study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Case Study- comprehension tasks                                                                                                                                                                                           | Case Study- reading and annotating skills | HSC in the News- NHS in Crisis                                                                                                                                                                                                     | Article- Living with a sensory impairment | Case Study- understanding needs of individuals                                                                                                                                                                        |

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| <b>Assessment<br/>[Summative &amp;<br/>Formative]</b><br><br>How knowledge and skills will be assessed formally and informally.<br>How feedback will be given | Formative- Comparing physical development across 2 different life stages<br><br>Summative- Practice PSA Task 1 | Formative- Comparing the impacts of a life event over 2 life stages<br><br>Summative- Practice PSA Task 3a | Summative- Practice PSA Tasks 1-3b(ii) | Formative- Suitability of Health and Social Care services<br><br>Summative- Practice PSA Task 1 | Formative- Overcoming barriers<br><br>Summative- Practice PSA 2 | Formative- The 6 C’s write up<br><br>Summative- Practice PSA Task 3 |
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## BTEC L1/2 Tech Award in Health and Social Care

| Year 11                                                                                                      | Autumn HT 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Autumn HT 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Spring HT 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Spring HT 2                                                                                                                                                                                                        | Summer HT 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Summer HT 2 |
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| <b>Topic and/or Key Question</b>                                                                             | Understand the skills, attributes and values required to give care (continued)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | PSA (Controlled assessment/coursework) prep and assessment (dates set by Pearson- Sept-December 2023)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Factors affecting health and wellbeing<br><br>Interpreting health indicators                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Person Centred Approach to improving health and well-being                                                                                                                                                         | Person Centred Approach to improving health and well-being<br><br>Exam Prep                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |             |
| <b>Key Knowledge/Skills</b><br><br>Main skills (subject specific and generic) that will be developed and how | <ul style="list-style-type: none"> <li>Skills- problem solving, observation, dealing with difficult situations, organisation.</li> <li>Attributes- empathy, patience, trustworthiness, honesty.</li> <li>Values in HSC- care, compassion, competence, communication, courage and commitment.</li> <li>Obstacles- emotional/psychological, time constraints, availability of resources, unachievable targets, lack of support.</li> <li>Benefits to individuals of demonstrating the skills and attributes- supported, high-quality person-centred care, respect, empowered, independent, safeguarding, dignity, confidentiality</li> </ul> | <ul style="list-style-type: none"> <li>Task 1- demonstrate how health care services work together to meet the needs of the individual</li> <li>Task 2- demonstrate how social care services meet the needs of an individual.</li> <li>Task 3- demonstrate knowledge and understanding of the barriers an individual could face when accessing services in health or social care.</li> <li>Task 4- demonstrate how health care professionals show the skills, attributes and values when delivering care to an individual.</li> <li>Task 5- demonstrate how the skills, attributes and values of care professionals can help an individual to overcome potential obstacles.</li> </ul> | <ul style="list-style-type: none"> <li>Physical factors- genetic inheritance, ill health, disease, sensory impairments</li> <li>Lifestyle factors- nutrition, exercise, smoking, alcohol and substance misuse.</li> <li>Social factors- supportive and unsupportive relationships, inclusion and exclusion, bullying, discrimination.</li> <li>Cultural factors- religion, gender roles and expectations, sexual orientation, community.</li> <li>Economic factors- employment/unemployment, income, finance and savings.</li> <li>Environmental factors- housing needs, location and condition, exposure to pollution- air, noise and light.</li> <li>Physiological indicators- heart rate, blood pressure, BMI.</li> <li>Risks to current and future health.</li> <li>Lifestyle indicators- nutrition, physical activity, smoking, alcohol and substance misuse.</li> </ul> | The ways in which a person-centred approach considers: <ul style="list-style-type: none"> <li>Needs</li> <li>Wishes</li> <li>Circumstances</li> </ul> The importance of a person-centred approach for individuals. | The benefits of a person-centred approach for health and social care workers and services.<br><br>Recommendations and actions to improve health and well-being: <ul style="list-style-type: none"> <li>Ways of improving Heart Rate and recovery rate</li> <li>Improving Blood Pressure</li> <li>Maintaining a healthy weight</li> <li>Quitting smoking</li> <li>Sensible alcohol consumption</li> <li>Stopping substance misuse</li> </ul> Support available to individuals to complete the above actions.<br><br>Barriers to following the recommended actions and how they can be overcome<br><br>How to answer extended answers and get the most for the exam questions. |             |

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| <b>Key Vocabulary</b><br><br><b>(School Improvement Priority)</b>                                                                                     | Empowerment<br>Strengths<br>Promoting<br>Improvements<br>Treatment choice<br>Reviewing<br>Beliefs<br>Application<br>Identity<br>Performance<br>Confidentiality<br>Feedback<br>Dignity<br>Responding<br>Effective<br>Identifying<br>Communication<br>Empathy<br>Safeguarding<br>Duty of Care<br>Anti-Discriminatory Practice<br>Compassion | As HT1                                    | Health<br>Wellbeing<br>Genetic Inheritance<br>Predisposition<br>Acute<br>Chronic<br>Substance use<br>Hygiene<br>Prescribed<br>Supportive/Unsupportive<br>Social integration<br>Economic<br>Environmental | Adequate<br>Appropriate<br>Competent<br>Consistency<br>Measurable<br>Circumstances<br>Improvement  | Persuasive<br>Recommendations<br>Simplistic<br>Realistic<br>Precision<br>Consumption<br>Barriers<br>Obstacles |
| <b>Extended Writing / Disciplinary Reading</b><br><br><b>(School Improvement Priority)</b>                                                            | HSC in the News- comprehension                                                                                                                                                                                                                                                                                                            | Case Study- reading and annotating skills | Reading and understanding Health indicator data                                                                                                                                                          | Understanding a Health Care Plan- assessing needs                                                  | Case Study- reading and annotating skills                                                                     |
| <b>Assessment [Summative &amp; Formative]</b><br><br>How knowledge and skills will be assessed formally and informally.<br>How feedback will be given | Formative- Explain the obstacles people face when trying to access Health and/or social care.<br><br>Summative- Practice PSA Task 4 (C2)                                                                                                                                                                                                  | Summative- PSA Tasks 1-5                  | Formative- Analysis of<br><br>Summative- Mock Exam                                                                                                                                                       | Formative- Creating a Health care plan for an individual<br><br>Summative- Practice exam questions | Formative- Longer answer exam question<br><br>Summative- Practice exam                                        |