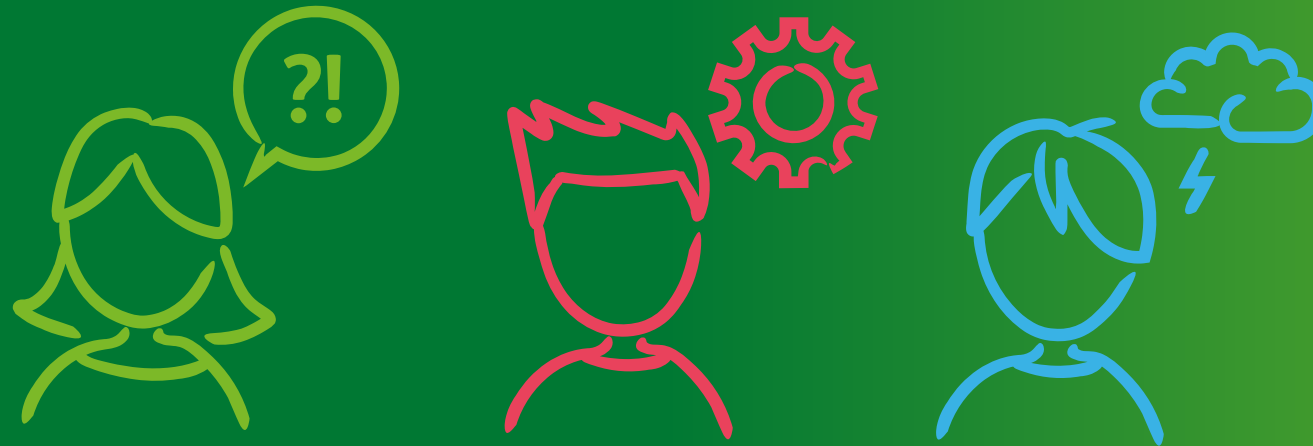


Let's Learn About Autism

For Secondary Schools



Autism
Education
Trust



Autistic
Young
Experts



National
Autistic
Society

Join us to share knowledge and
acceptance at Autism Acceptance
Week 2023!



We are all different





People are all different





Brains are all different



What is neurodiversity?



Neurodiversity is about recognising that everyone's brain works differently.

Some of these differences have been given names or labels.



Differences in the way our brains work means that we have different strengths and different difficulties.

Examples are autism, ADHD, dyslexia, dyspraxia and Tourette's.

What is autism?



Autism means that
someone's brain works
a little differently.

You can't see if
someone is autistic.
It is an invisible condition.



Each autistic
person is different.

Autistic people have
different strengths
and need help with
different things.

Autism –The Differences

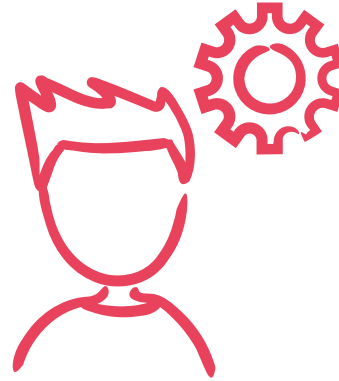


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Social understanding and communication

Some autistic people find using words difficult.



Flexibility, information processing and understanding

Some autistic people get upset by changes to their daily routine.



Sensory processing and integration

Some autistic people get overwhelmed by loud noises, strong smells or bright lights.

What is autism?



Watch 'What is autism?'

by Ambitious about
Autism Youth Patrons



Myths and stereotypes quiz



True or false:

- All autistic people have the same needs, challenges and strengths.
- Autism is a mental health condition.
- All autistic people are geniuses.
- All autistic people like the same things.
- We should always consult specialists and professors who study autism if we would like to get a good perspective on what it's like to be autistic.
- People of all genders can be autistic.



Creating a one page profile



- What people appreciate about me
- My hobbies and interests
- My skills and strengths
- How to support me

A worksheet titled "One page profile" is shown at an angle. It has four main sections, each with a heading and a large text area for writing. The sections are: "What people appreciate about me?", "My hobbies and interests:", "My strengths and skills:", and "How to support me:". Each section has a small blue circular icon with a pencil in the bottom right corner. At the bottom of the worksheet, it says "Secondary worksheet" and has the Autism Education Trust logo.

Experiences of education



[Watch this video](#) created by the AET Autistic Young Experts, a panel of young people who share their lived experience to help you understand autism.



Experiences of education



- Based on what you've heard from the Autistic Young Experts, what do you think the main difficulties are in school?
- What adjustments can be put in place?
- How can you better support your peers?
- What does valuing difference mean to you?
- What does inclusion mean for you?



Learning scenarios



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Scenario 1

A student finds it difficult to sit and focus for more than 30 minutes on the whiteboard in class. He starts to make noises and cover his ears with his hands.



Learning scenarios



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Scenario 2

You notice someone getting anxious at the end of class. They look panicked and are making a lot of movements. In the corridor they stop and put their hands over their ears. They are late for their next class.



Learning scenarios



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Scenario 3

You go to the toilet during breaktime and find a student who seems very distressed. They are flapping their hands, making noises and rocking back and forth on the floor.



Learning scenarios



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Scenario 4

An autistic student finds group work very stressful because she often gets paired with students who do not understand her behaviour. She is anxious because she must move seats and talk to different people.



Learning scenarios



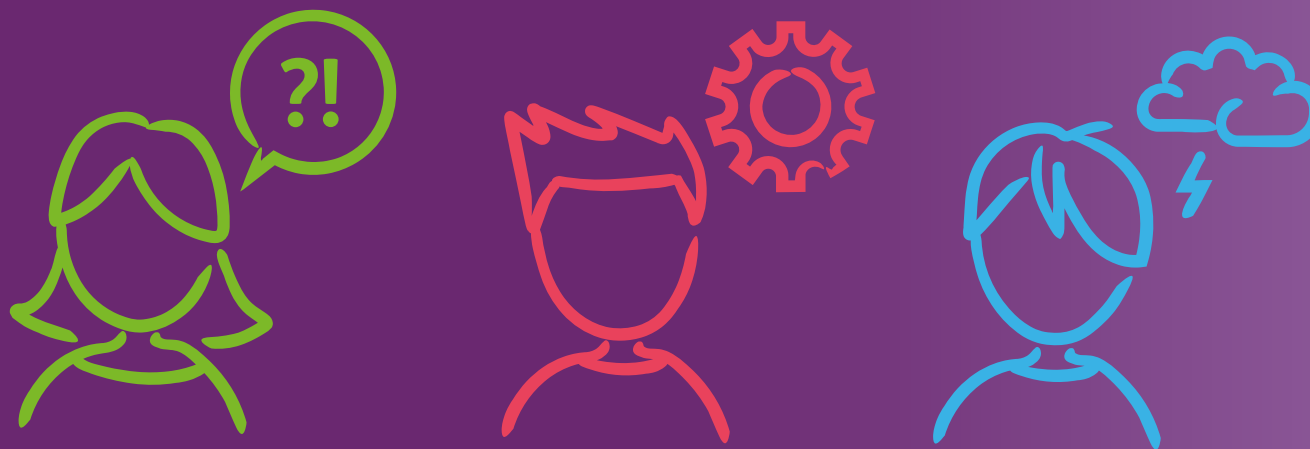
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Scenario 5

A student is really passionate about an interest of theirs. It is their favourite thing to talk about to other people. You notice some students are mocking this interest and making fun of the person.



For autism training, information and resources,
visit: www.autismeducationtrust.org.uk



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