



Park Vale
Academy

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Headteacher: Mr S Bowhay

Executive Headteacher: Mr R Pierpoint

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Dear Parent

Update on COVID home testing and changes to isolation rules

Thank you for your support with home testing and students completing tests back in school last week. I am writing to update you on the current guidance in relation to self-isolation and testing.

Testing

We have now completed all on-site testing. It is advised that students undertake home testing twice weekly and we will be providing further test kits for this as soon as they arrive in school. It would also be helpful if you could update our on line form found [here](#) and also log test results at the .Gov site [here](#). If your child is not in school due to them having a positive COVID test, we ask that you also inform us as you would normally in relation to student absence.

Guidance on isolation and returning to school following positive tests

I have detailed below updates and diagrams to help you understand when your child can return to school following a period of isolation. It is important that this guidance is followed and that students return to school **as soon as possible** once their isolation period has ended.

What is the position of individuals without symptoms returning after 10 days if their lateral flow is still positive?

- They may return to their education setting and should not take any more LFD tests after the 10th day of their isolation period even if they have a positive LFD test result
- This is because they are unlikely to be infectious after the 10th day of their isolation period. If they still have a high temperature after 10 days or are otherwise unwell, they should stay at home and seek medical advice.
- Please follow the [Stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/stay-at-home-guidance-for-households-with-possible-or-confirmed-coronavirus-covid-19-infection)

When can students return after negative LFD tests?

- Staff and students can take an LFD test from 6 days after the day their symptoms started (or the day your test was taken if they did not have symptoms), and another LFD test on the following day. The second LFD test should be taken at least 24 hours later. If both these test results are negative, and they do not have a high temperature, they may end self-isolation immediately after the second negative test result.

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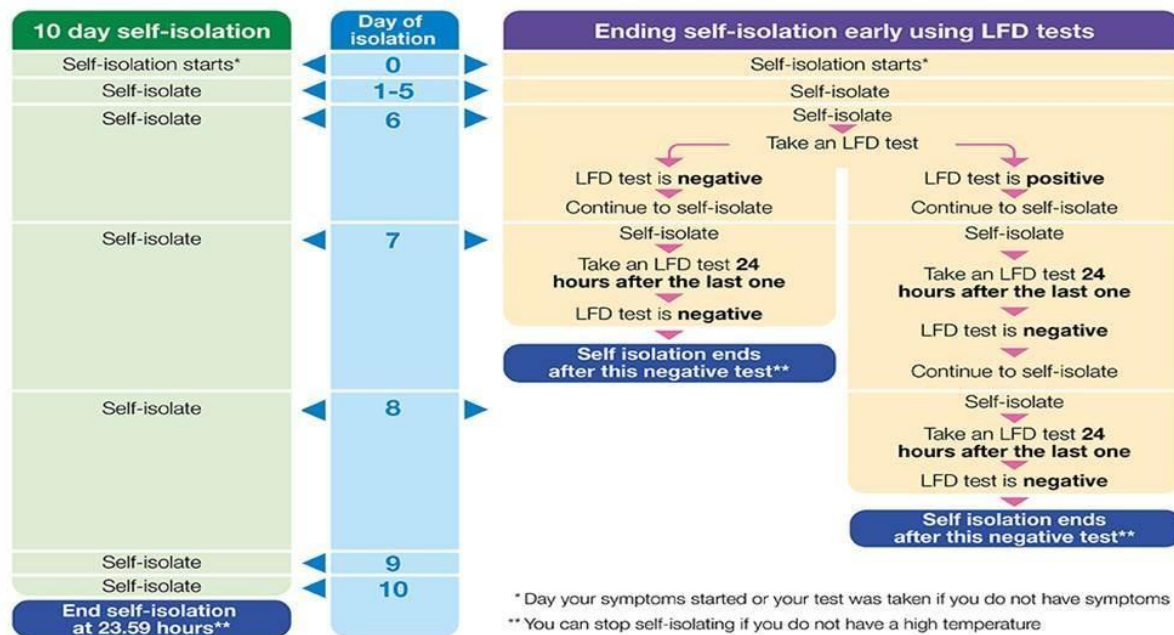


Equality and Achievement



- They should stop testing after they have had 2 consecutive negative test results and can return to their education setting on the 7th day if they have tested negative in the morning.

Flowchart to aid decision making in respect of isolation and return to school



The general guidance for the public says that people ending isolation from day 7 should limit close contact with other people outside their household, especially in crowded places. What is the situation for individuals in schools who end their isolation from day 7?

If students have tested on the morning of day 7, they are able to end self-isolation, and return to their education setting immediately.

I hope that this letter gives clarity on some of the questions we are being asked by parents. We will write to you again if there are any further changes.

Many thanks for your ongoing support

Yours sincerely

Mr S Bowhay
Headteacher

