

Assembly

New Year's Resolutions



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Stressed?



“I’ve got loads of homework to do, I’ve got to sort my driving lesson, I don’t know when I’m gonna see my girlfriend, I’ve got no money and I hate my job! I’m really stressed out!”

THE *NEW YORK TIMES* BESTSELLER

THE **CHECKLIST** MANIFESTO

HOW TO GET THINGS RIGHT



PICADOR

ATUL GAWANDE

BESTSELLING AUTHOR OF *BETTER* AND *COMPLICATIONS*



APPROVED B-17F and G CHECKLIST

REVISED 3-1-44

PILOT'S DUTIES IN RED

COPILOT'S DUTIES IN BLACK

BEFORE STARTING

1. Pilot's Preflight—**COMPLETE**
2. Form 1A—**CHECKED**
3. Controls and Seats—**CHECKED**
4. Fuel Transfer Valves & Switch—**OFF**
5. Intercoolers—Cold
6. Gyros—**UNCAGED**
7. Fuel Shut-off Switches—**OPEN**
8. Gear Switch—**NEUTRAL**
9. Cowl Flaps—Open Right—**OPEN LEFT**—Locked
10. Turbos—**OFF**
11. Idle cut-off—**CHECKED**
12. Throttles—**CLOSED**
13. High RPM—**CHECKED**
14. Autopilot—**OFF**
15. De-icers and Anti-icers, Wing and Prop—**OFF**
16. Cabin Heat—**OFF**
17. Generators—**OFF**

STARTING ENGINES

1. Fire Guard and Call Clear—**LEFT** Right
2. Master Switch—**ON**
3. Battery switches and inverters—**ON & CHECKED**
4. Parking Brakes—Hydraulic Check—**On-CHECKED**
5. Booster Pumps—Pressure—**ON & CHECKED**
6. Carburetor Filters—Open
7. Fuel Quantity—Gallons per tank
8. Start Engines: both magnetos on after one revolution
9. Flight Indicator & Vacuum Pressures—**CHECKED**
10. Radio—On
11. Check Instruments—**CHECKED**
12. Crew Report
13. Radio Call & Altimeter—**SET**

ENGINE RUN-UP

1. Brakes—Locked
2. Trim Tabs—**SET**
3. Exercise Turbos and Props
4. Check Generators—**CHECKED & OFF**
5. Run up Engines

BEFORE TAKEOFF

1. Tailwheel—Locked
2. Gyro—Set
3. Generators—**ON**

AFTER TAKEOFF

1. Wheel—**PILOT'S SIGNAL**
2. Power Reduction
3. Cowl Flaps
4. Wheel Check—OK right—**OK LEFT**

BEFORE LANDING

1. Radio Call, Altimeter—**SET**
2. Crew Positions—OK
3. Autopilot—**OFF**
4. Booster Pumps—On
5. Mixture Controls—**AUTO-RICH**
6. Intercooler—Set
7. Carburetor Filters—Open
8. Wing De-icers—Off
9. Landing Gear
 - a. Visual—Down Right—**DOWN LEFT**
Tailwheel Down, Antenna in, Ball Turret Checked
 - b. Light—**OK**
 - c. Switch Off—Neutral
10. Hydraulic Pressure—**OK** Valve closed
11. RPM 2100—Set
12. Turbos—Set
13. Flaps $\frac{1}{2}$ — $\frac{1}{2}$ Down

FINAL APPROACH

14. Flaps—**PILOT'S SIGNAL**
15. RPM 2200—**PILOT'S SIGNAL**

“Being organised is being in control”

Holiday Planning



	FLORIDA 2013							
	Itinerary / Daily Spend							
		Breakfast	Morning	Lunch	Afternoon	Dinner	Evening	Special Events
	5 Aug 2013	Airport	Flight	Flight	Flight	At Villa	Early evening at Villa	Stock up at Walmart
	6 Aug 2013	Villa	Disney Hollywood Studios	Park	Disney Hollywood Studios	At Villa	Movie?	
	7 Aug 2013	Villa	Magic Kingdom	Park	Magic Kingdom	Meal Out	Pool / Villa	
	8 Aug 2013	Villa	Blizzard Beach	Park	Blizzard Beach	Villa	Pool / Villa	
	9 Aug 2013	Birthday Dennys	Islands of Adventure	Park	Islands of Adventure	Meal Out	Birthday Party at Villa?	James Birthday
Weekend	10 Aug 2013	Villa	Chill at Villa	At Villa	Movie?	Downtown Disney	Fireworks (Magic Kingdom)	
Weekend	11 Aug 2013	Rainforest Cafe	Animal Kingdom	Park	Animal Kingdom	Villa	Walmart / Shopping	
	12 Aug 2013	Villa	Universal Studios	Park	Universal Studios	Villa	Pool / Villa	
	13 Aug 2013	Park	Epcot	Park	Epcot	Meal Out	TBC	
	14 Aug 2013	Villa	Chill at Villa	At Villa	Disney Hollywood Studios	Villa	Fantasmic (Hollywood Studios)	Lunch with Fantasmic
	15 Aug 2013	Dennys	Islands of Adventure	Park	Islands of Adventure	Meal Out	TBC	
	16 Aug 2013	Villa	Universal Studios	Park	Universal Studios	Villa	TBC	
Weekend	17 Aug 2013	Villa	Park Revisit - TBC	Park	Park Revisit - TBC	Villa	Fireworks (Epcot)	
Weekend	18 Aug 2013	Dennys	Typhoon Lagoon	Park	Typhoon Lagoon	Meal Out	Birthday Party at Villa?	Deb Birthday
	19 Aug 2013	Villa	Chill at Villa	Villa	Downtown Disney / Shops	Airport	Flight	
	20 Aug 2013	Flight	Land at Manchester					
	Disney	Universal	Water Parks					
	Hollywood Studios	Islands	Blizzard Beach					
	Animal Kingdom	Studios	Typhoon Lagoon					
	Magic Kingdom							
	Epcot							
	Ideas to think about:							
	Mix meals out and Villa based for that special burger!							
	Have easy mornings after each birthday							
	Park Revisits can be moved around as we want to when we're there							
	Costs Per Family	Number	Item Cost	Total			Dollars Exchange Rate	
	Breakfasts out an about	4	£20.00	£80.00	<i>Average Dennys Breakfast (Bailey)</i>		1.48	
	Park Lunches	11	£20.00	£220.00				
	Evening Meals out	6	£40.00	£240.00	<i>Average evening meal (Bailey)</i>			
	Food/Drink for Villa	1	£125.00	£125.00				
	Fuel	1	£50.00	£50.00				
	Gifts/Souvenirs per day	14	£40.00	£560.00				
	Other	0	£0.00	£0.00				
	Other	0	£0.00	£0.00				
	TOTAL			£1,275.00				
	PER DAY			£91.07				
	IN DOLLARS			134.79				

Christmas Dinner



- Monday 23rd
- set dining table
 - collect Turkey + Ham
 - make Ham
 - make Cheesecake
 - make red cabbage
 - make gingerbread house
 - make mince pies
 - make sticky toffee

- Tuesday 24th
- prepare Turkey
 - prepare veg
 - make yorkshire pudding mix
 - Get prawns out of freezer
 - parboil potatoes
 - make stuffing

- Christmas Day
- Turkey in at 9.30
 - nibbles ready for 12
 - start ready for 2.30
 - turkey out 1.30
 - roast potatoes 1.30
 - veg on 2.00
 - stuffing in at 2.15
 - gravy on 2.30
 - yorkshire in 2.30

Be organised

- Punctuality
- Timetable
- Uniform
- Equipment
- PE Kit
- Homework
- Revision



Homework

- Reinforces learning
- Extends learning
- Develops other skills eg Research
- Creates good work habits

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“I couldn’t do my homework because my computer has a virus and so do all my pencils and pens.”

“If you fail to prepare then prepare to fail”